

# THE CARDIFF TRIATHLETES MEMBERS LEAGUE (2007 - 2008)

EVENT # 1 (Nov 2007): 400m swim TT

EVENT # 2 (Dec 2007): Superstars # 1 @ Dave's Gym

EVENT # 3 (Jan 2008): Track-tastic @ Maindy Track

EVENT # 4 (Jan 13th 2008): Richard Burton 10km

EVENT # 5 (Feb 2008) Triple Hill Challenge (cycle)

EVENT # 6 (March 2008): 750m swim TT

EVENT # 7 (March 2008): X Country Challenge (run)

EVENT # 8 (April 2008): Superstars # 2 @ Daves Gym

EVENT # 9 (May 2008): Sprint Tri (TBC)

EVENT # 10 (June 2008): Duathlon (TBC)

See Race File or Gareth Morgan for further details